



PROVIDER ALERT

YES System of Care – June 30, 2019 Implementation
YES Program & IBHP Enhancement

May 15, 2019

Alert Summary: New services and programs are being added to the IBHP on June 30, 2019.

This alert details new service descriptions and upcoming training dates for the services that will be effective June 30, 2019.

Dear Provider,

As part of the continued implementation of the YES System of Care, Optum Idaho will add five new services to the Idaho Behavioral Health Plan (IBHP) effective **June 30, 2019**. Please see the notice below for a summary of the services, including provider requirements and training opportunities.

Service Descriptions

Day Treatment is a structured program available to child/adolescents exhibiting severe needs that can be addressed and managed in a level of care that is less intensive than inpatient psychiatric hospitalization, partial hospitalization or residential treatment, but requires a higher level of care than intensive or routine outpatient services. These services typically include a therapeutic milieu that may include skills building, medication management, and group, individual and family therapy. Day Treatment providers will ensure consistent coordination and communication with other agencies working with the child/adolescents, including coordination with the Member's school(s). Providers of this service must meet the requirements of the individual component services (i.e. must be a Master's Level Clinician to provide group or individual psychotherapy as part of the program).

Youth Support exists under the umbrella of Peer Support Services. Youth Support services assists and supports the adolescent in understanding their role in accessing services, becoming informed consumers of services and self-advocacy. Youth Support may include, but is not limited to, mentoring, advocating, and educating through Youth Support activities individually or in groups. Providers of this service must have a valid Peer Support certification and additional training in Youth Support.

Behavior Modification and Consultation is the design, implementation, and evaluation of social and other environmental modifications to produce meaningful changes in human behavior. These interventions are based on scientific research and the use of direct observation, measurement, and functional analysis. Behavioral strategies are used to teach the Member alternative skills to manage targeted behaviors across social and learning environments. Providers of this service must meet credentialing requirements of the Optum Behavior Modification sub-specialty network.

Intensive Home and Community Based Services (IHCBS) are provided to Members who are experiencing social, emotional and behavioral difficulties and need more intensive services to increase stability across settings and help prevent out of home placement. Intensive Home and Community-Based Programs include a flexible array of services to meet the child's assessed needs, including crisis response and intervention. Delivery of services can be centered on one of the following therapeutic approaches: Functional Family Therapy (FFT), Multidimensional Family Therapy (MDFT), or Multi-systemic Therapy (MST). Providers and agencies that offer this service must obtain certification in one of the previously mentioned approved therapeutic approaches (FFT, MST, MDFT). Providers interested in offering additional EBPs through their organizations should contact their Optum Idaho Regional Network Manager.

New Programs

Therapeutic After School and Summer Programs (TASSP) are designed by community stakeholders to meet the needs of children in their area. Through the Idaho Behavioral Health Plan, Optum Idaho is able to reimburse for specific outpatient behavioral health services that are components of TASSP for Medicaid Members. To implement TASSP, stakeholders may collaborate across systems (behavioral health, education, etc.) to develop innovative solutions comprised of multiple funding sources and community-based supports.



Training & Education

Below is a list of our available and upcoming on-demand and in-person trainings to support the rollout of new services. **The YES Navigation Series** will cover the new services, including provider requirements, billing information, and Level of Care Guidelines. **The Targeted Care Coordination Toolkit Training** is required for providers that desire to offer the Targeted Care Coordination service.

The Optum Support and Services Manager (OSSM) Training will introduce the OSSM tool to Targeted Care Coordinators and other interested providers. This tool allows Targeted Care Coordinators to communicate with Child and Family Team members, schedule Child and Family Team meetings, and develop and submit person-centered service plans (PCSPs). The training also demonstrates features of the OSSM Individual and Support Team Portal, which is where other Child and Family Team members may view finalized PCSPs. This training is required for Targeted Care Coordinators.

Visit optumidaho.com > Network Providers > [Provider Trainings](#) for more information or to register.

Training	Type	Time	Date	Location
YES Navigation Series – Part IV and Targeted Care Coordination Toolkit*	In-person	10:30 am – 2:00 pm	May 15, 2019	Post Falls
		10:30 am – 2:00 pm	May 16, 2019	Lewiston
		10:30 am – 2:00 pm	May 20, 2019	Boise
		10:30 am – 2:00 pm	May 21, 2019	Twin Falls
		10:30 am – 2:00 pm	May 22, 2019	Idaho Falls
		10:30 am – 2:00 pm	May 23, 2019	Pocatello
YES Navigation Series – Part V	Teleconference**	8:30 am – 10:00 am	June 24, 2019	WebEx
		10:00 am – 11:30 am	June 25, 2019	
OSSM Training*	Teleconference**	12:00 pm – 1:00 pm	June 19, 2019	WebEx
		8:00 am – 9:00 am	June 27, 2019	

*This training is required for providers to deliver the Targeted Care Coordination service. **Recordings from the teleconferences will be made available after each training is complete. Teleconferences are held in Mountain Time. In-person trainings are held in local time.

Fee Schedule

The fee schedule that includes these services will be updated effective **June 30, 2019**. Please watch future communications for a summary of updated code and rate information. Please consult your updated fee schedule for a comprehensive list of the changes.

Service Request Forms

Day Treatment, Behavior Modification and Consultation, and Intensive Home and Community Based Services will all require prior authorization. The service request forms for these new services are currently under development, and providers will be notified when the forms are completed.

Level of Care Guidelines

The Level of Care Guidelines for the services effective June 30, 2019 will be published to optumidaho.com on **May 30, 2019**. Additionally, in accordance with the newly established Targeted Care Coordination (TCC) Level of Care Guidelines, Optum Idaho made minor revisions to the Behavioral Health Case Management Level of Care Guideline effective June 1, 2019. There was revision added to clarify that members cannot receive TCC and Case Management services simultaneously since it would be duplicative per regulation.

All Level of Care Guidelines are posted on Provider Express and optumidaho.com > For Network Providers > [Guidelines & Policies](#) for providers to review.

If you have any questions about the new services to be released on June 30, 2019, please email optum.idaho.yes@optum.com or contact your Regional Network Manager.

Thank you,
The Optum Idaho Team